

SANDWICHES

	Baguettes	Wraps
Torn Chicken	4.40	3.85
<i>Torn chicken, salad leaves, mayo, butter, salad dressing</i>		
Chicken Caesar	4.90	4.25
<i>Torn chicken, Cos lettuce, mayo, parmesan, butter, caesar dressing</i>		
Chicken & Avocado	4.90	4.25
<i>Torn chicken, salad leaves, mayo, avocado, butter, salad dressing</i>		
C.B.C	5.10	4.50
<i>Torn chicken, bacon, cheese, mayo, salad leaves, butter, salad dressing</i>		
Pulled Pork	4.70	4.00
<i>Pulled pork, cheese, butter, BBQ sauce, mayo</i>		
Pulled Pork Loaded	4.95	4.20
<i>Pulled pork, cheese, butter, sweet pickles, BBQ sauce, mayo</i>		
Med. Veg. (v)	4.40	3.95
<i>Roasted courgettes, mixed peppers, mushrooms, mayo</i>		



Pulled Pork Spanish Baguette

Minimum order for free delivery is £15. Outside area £5 charge. Some poultry and meat, sides, desserts and other products may contain nut traces and other allergens, if you have any allergies please mention when ordering. Any meat product may contain bones. Offers are subject to change without notice and prices may vary. Prices are correct at the time of going to press. Offers cannot be used in conjunction with any other promotion. All rights reserved.

Got a party or event coming up? Galos can provide the food!
Served and non-served packages from £6 per head.
Full of Galos favourites and more. Speak to us for details



PUDDINGS 'N' CAKES

Apple and blackberry crumble	2.95
<i>With an oatmeal and flaked almond crunchy topping</i>	
Ice-cream:	
125ml tub	2.50
500ml tub	5.00
<i>Assortment of flavours, Vanilla Bean, Strawberry & Cream, Caramel Gold, Chunky Chocolate, Mint Choc Chip and other limited seasonal flavours available</i>	
Brownies	1.90
<i>Rich Belgian chocolate brownies</i>	
Bolo de Arroz	.95p
<i>Portuguese soft sponges made with rice flour (like a muffin, just a bit lighter)</i>	
Cakes 'n' Tarts	From 1.95
<i>Homemade bakes of the day, please ask for more details</i>	

DRINKS

Espresso / Americano
Café Latte
Cappuccino
Hot Chocolate
Tea / Herb Tea

San Pellegrino Orange / Lemon (330ml)
Coke / Diet Coke (330ml)
Sparkling Water (500ml)
Still Water (500ml)
Apple / Orange Juice (330ml)

www.GalosUK.com
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PREVIEW OUR CHRISTMAS MENU!!

TAKE A LOOK INSIDE TO SEE WHAT'S COMING

Connect with Us!

- www.facebook.com/galoshertford
- Twitter: @galoshertford
- Trip Advisor: www.tripadvisor.co.uk
- Instagram: #galoshertford

IT'S THE ROOSTER'S FIRST BIRTHDAY!...

THAT'S RIGHT, WE'VE BEEN SERVING YOU FOR A YEAR!

Here's what some of you had to say...

- "Had a fab dinner tonight. Thank you Galos :-D" – Claudine
- "Best takeaway we've ever had." – Vicky E
- "Always delicious" – Ben
- "Perfect again" – Michael
- "Seriously good!" – SusieC2017

SEE OUR AMAZING MENU INSIDE...



ROTISSERIE CHICKEN

Our renowned succulent rotisserie chicken, freshly prepared and cooked in-house. All our chickens are marinated in our special secret marinade for 12 hours, formulated from all natural ingredients; it's why our chickens are delicious, juicy and not greasy!

	WHOLE	HALF	QUARTER
Galos (gf) <i>Our unique blend of yogurt, lime, garlic, rosemary and sea salt seasoning</i>	11.90	7.40	4.00
Chilli (gf) <i>Drizzled with either our Galos Chilli or Buffalo sauce</i>	11.90	7.40	4.00
BBQ Glaze (gf) <i>Glazed with either Galos BBQ or Spicy BBQ sauce</i>	11.90	7.40	4.00
Classic (gf)	10.95	6.95	3.65

Chicken Wings 4 Jumbo Wings (gf) 3.95

Triple joint wings, glazed with Galos Buffalo, BBQ or spicy BBQ sauce, or any of our other sauces.

RIBS

Louisiana Ribs (gf) *Baby back ribs - simply the best meaty, tender and flavoursome ribs.*

Whole rack 10.75 Half rack 5.75

Brazilian Ribs (gf) *Beef ribs - rich, meaty and tender.*

Double Ribs 12.95 Single Rib 6.95

All our ribs and pulled pork normally include either Galos BBQ or Spicy BBQ sauce, or you can choose any of our other sauces. Add extra sauce from 15p each...

SAUCES

Galos BBQ Sauce (v)(gf)	<i>Sweet - Our home made sweet BBQ sauce</i>
Galos Spicy BBQ Sauce (v)(gf)	<i>Sweet and Hot - Our home made BBQ with an added kick!</i>
Galos Buffalo Sauce (v)(gf)	<i>Medium - Our home made medium hot American style sauce</i>
Galos Chilli Sauce (v)(gf)	<i>Extra hot - Our home made extra spicy hot sauce</i>

HOME COMFORTS

Chicken Crumble 5.55	Mediterranean Veg Bake (v)(gf) 4.85
<i>Torn rotisserie chicken, layers of Mediterranean veg, Neapolitan passata topped with béchamel and a crushed crouton herb mix</i>	<i>Mediterranean veg, Neapolitan passata and cheesy topping</i>
Chicken Lasagne 5.55	Macaroni Cheese (v) 3.95
<i>Torn rotisserie chicken, layers of lasagne, Neapolitan passata, cheese and béchamel sauce</i>	<i>Egg pasta with creamy béchamel sauce, and cheesy topping</i>
Mediterranean Veg Lasagne (v) 5.25	Baked Camembert (v) 5.55
<i>Mediterranean veg, layers of lasagne, Neapolitan passata, cheese and béchamel sauce</i>	<i>Oven baked camembert with rosemary and garlic, served with baked Spanish baguette</i>

(v) Vegetarian (gf) Gluten Free

ON THE SIDE

Freshly prepared hot and cold sides - as a side or choose a few as a meal

	Large	Regular
Roasted New Potatoes (v)(gf) 4.90	2.80	
<i>Potatoes lightly coated in virgin olive oil and roasted</i>		
Roasted Mediterranean Veg (v)(gf) 5.90	3.80	
<i>Oven slow roasted red and yellow peppers, courgettes and mushrooms</i>		
Veggie Trio (v)(gf) 4.90	2.80	
<i>Petit pois, carrots and sweetcorn</i>		
Dauphinois Potatoes (v)(gf) 3.55		
<i>Sliced desiree potatoes layered with a creamy garlic sauce</i>		
Sweet Potato & Celeriac Gratin (v)(gf) 4.15		
<i>Sweet potato, celeriac, a creamy shallot sauce and a sprinkling of Cheddar cheese</i>		
French Green Beans (v)(gf) 2.50		
<i>Steamed fine French green beans</i>		
Broccoli Spears (v)(gf) 2.80		
<i>Steamed tenderstem broccoli spears</i>		
Galos Super Greens (v)(gf) 2.90		
<i>Steamed mixture of French green beans, tenderstem broccoli, edamame beans, young spinach leaves</i>		
Oven Roasted Mixed Peppers (v)(gf) 2.90		
<i>Oven slow roasted red and yellow peppers. Served hot or cold</i>		
Oven Roasted Mushrooms (v)(gf) 2.90		
<i>Oven slow roasted closed cup mushrooms. Served hot or cold</i>		
Corn On The Cob (v)(gf) 1.00		
<i>with a dollop of butter (for 1)</i>		
Garlic Bread (v) 2.20		
Cheesy Garlic Bread (v) 2.70		
Spanish Baguette Portion (v) 1.80		
<i>Freshly baked, handmade and stone baked white Spanish baguette</i>		



Veggie Trio

	Large	Regular
Caesar Salad (v) 4.95	2.95	
<i>Fresh Romaine lettuce, croutons, shaved parmesan and Caesar dressing</i>		

Caesar Salad With Torn Chicken 6.25	4.25
<i>Caesar salad with fresh torn rotisserie chicken</i>	

ABC - Avocado, Bacon and Chicken Salad (gf) 6.25	4.25
<i>Torn rotisserie chicken, bacon and avocado on a bed of mixed salad leaves drizzled with balsamic and extra virgin olive oil and a healthy dollop of Galos mayo</i>	



ABC Salad

MAKE YOUR OWN TOSSED SALAD

Mixed Leaf Salad (v)(gf) from 3.20	1.80
<i>Tossed mixed salad leaves, balsamic and extra virgin olive oil.</i>	

Add any of the following extras to make your own tossed salad - From 15p each.

Cherry tomatoes, avocado, mozzarella, sweetcorn, petit pois, edamame beans, french green beans, carrot, parmesan, torn chicken, grated cheese, roasted peppers, roasted mushroom.



Cherry Tomatoes & Mozzarella

Cherry Tomatoes & Mozzarella (v)(gf) 3.10	
<i>Cherry tomatoes, mozzarella pearls, basil, balsamic and extra virgin olive oil</i>	

Cherry Tomatoes & Avocado (v)(gf) 3.10	
<i>Cherry tomatoes, avocado, basil, balsamic and extra virgin olive oil</i>	

Galos Chunky Slaw (v)(gf) 2.90	
<i>Our own blend of Dutch cabbage, red cabbage, apple, sweetcorn and carrots in our Galos mayo</i>	

Chunky Slaw With A Kick! (v)(gf) 2.95	
<i>Chunky slaw with a drizzle of either Galos chilli or Buffalo sauce</i>	

Olives (v)(gf) 3.50	
<i>A trio mix of olives, extra virgin olive oil and fresh rosemary</i>	